



ALCE TO SCHOOL







BIETO SCHOL

Students *Riding* their Bikes to School <u>reduces traffic congestion</u> around the school, <u>improves air quality</u>, and <u>promotes physical fitness</u>.







Riding your bike can be a healthy family exercise.

Always wear a Bike Helmet that fits properly and is buckled.

Ride to school with your friends.

Ride your bike with the direction of traffic.

Walk your bike across busy streets in a crosswalk.

Lock your bike in designate bike rack areas.

Safety Tips and Curriculum available at www.fresnoBMP.com **Fire Stations in Fresno have Free Bike Helmets upon request.